



Celery, Pecan and Apple Spring Mix Salad

Source: adapted from *abbeyskitchen.com* 3 March 2022 *The Captains Shack* Bob and Robin Young, Boise, Idaho **PDF:** Celery-Pecan-Apple-Salad.pdf

Prep: 20 min **Mix:** 10 min **Total:** 30 min **Serves:** 4

Note: This salad, when pared with a Shepard's Pie, is awesome. A delicious vinaigrette dressing and candied pecans. Lots of celery.

Ingredients – Salad Mix:

12 oz Spring Salad Mix

7 to 9 ribs of Celery thinly sliced on the bias

1 Ruby Red Apple, thinly sliced

¼ c Candied Pecans, chopped, <http://www.rockinrs.com/Candied-Pecans.pdf>

Ingredients – Dressing:

¼ c Apple Cider

2 T Extra-Virgin Olive Oil

2 T Apple Cider Vinegar

1 t Grainy Mustard, Plockmann's

1 t Maple syrup, or to taste

Salt and pepper, to taste

Directions:

Mix together the Spring Mix, celery and apple in a bowl. Set aside.

Prepare the dressing: Whisk together all ingredients in a bowl.

Drizzle the salad with the dressing and top with candied pecans. Serve immediately.