Gameday Sticky Chicken Wings



Author: Bob and Robin Young Start to Finish Time: 3 hours 45 minutes Preparation Time: 15 minutes Categories: Gameday Source: Adapted From Giada De Laurentiis Servings: 4

Ingredients - Wings 2 lbs Chicken Wings, split and tips discarded 1 T Sesame Oil, toasted 1 T Soy Sauce 1 Lime juiced Ingredients - Sauce 3 T Tupelo Honey 1 t Korean Chili Paste 1 T Soy Sauce 2 T Sesame Oil 2 T Lime juice 2 clove Garlic, smashed

Directions: Wings -

2 lbs Chicken Wings, splitPlace the wings in a resealable plastic bag. To the wings, add and tips discarded the sesame oil, soy sauce and lime juice. Seal the bag and mix the wings around to coat in the marinade. Place in the refrigerator and marinate for 3 hours.

Preheat the oven to 425 degrees F. Spread the wings on a rimmed baking sheet and bake for 20 minutes.

Directions: Sauce -

While the wings are baking, combine the honey, chili paste, soy sauce, sesame oil, lime juice and garlic in a small saucepan over medium heat. Whisk until smooth. Bring to a simmer. Reduce heat to low and cook until the mixture has thickened, about 5 minutes.

Remove the wings from the oven and brush with the sauce. Using a metal spatula, toss to coat well. Return the tray to the oven and cook an additional 5 to 10 minutes or until glazed and cooked through. Toss the cooked wings to coat well and serve.