

3 ears Fresh Corn, kernels removed

1/4 c Cheddar Cheese,

3 Eggs

shredded

1 pinch Salt

Guatemalan Corn Bread

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Categories: Side Dish Servings: 12 Preparation Time: 20 minutes Start to Finish Time: 55 minutes Description: A delicious variation to corn bread.

Directions:

1) Preheat oven to 350 - 375 degrees F

2) Blend the corn kernels and eggs in a blender. Add a small amount of water if too thick.

1 c Sugar, or less to taste 3) In a mixing bowl, combine the rest of the ingredients. Add the1 c Yellow Corn Mealcorn and butter mixture and combine.

1 t Baking Powder
4) Place in a greased, glass square casserole. Bake in the oven for 35
1/2 stick Butter, melted
b Composition

5) Serve warm.