

IP Chicken Cacciatore

Prep Time: 35 min Closed Pot Time: 35 min

Total: 1 hr, 10 min

Source: adapted from Instant Pot Miracle Serves: 4

Bob and Robin Young, Boise, ID

Note: Chicken Cacciatore made in an Instant Pot! The sauce is hearty and chunky, loaded with

chicken, tomatoes and onions. Great over pasta, rice or polenta.

Ingredients:

4 Chicken Thighs

Celtic Sea Salt and fresh ground Tellicherry Black Pepper to taste

Olive Oil spray or Avocado Oil

14.5 oz Fire Roasted Tomatoes with liquid

1 c diced Onion

2 cloves Garlic, minced

½ t dried Oregano

2 Bay Leaf

1 c dry Red Wine

4 t fresh chopped Rosemary

2 t fresh Sage, chopped

1 c Black Olives, halved

1/2 oz dried Chanterelles

1/4 c chopped Italian Parsley

2 T chopped Basil and Parsley for topping

Directions:

Season chicken with salt and pepper on both side. Press **Sauté** on the Instant Pot and lightly spray with oil, or avocado oil, and brown chicken on both sides about 4 minutes per side. Remove from pot and set aside.

Place Chanterelle mushrooms in small bowl and add 1 c boiling water. Let stand 5 minutes. Drain and reserve liquid.

Add onions and garlic. Sauté until soften and golden, about 2 minutes. Press Cancel and add tomatoes, wine, rosemary, olives, sage, bay leaf and salt and pepper. Stir. Add the mushroom and the mushroom liquid and bring to a boil. Return chicken to the pot and lock lid. Select Poultry. When complete, use Natural Release. Press Cancel.

Remove bay leaf and select **Sauté**. Cook sauce for 10 minutes to thicken. Press **Cancel**. Top chicken with sauce and vegetables and garnish with basil and parsley. Serve over pasta or polenta.