Crock Pot Kalua Pork



Author: Bob and Robin YoungStart to Finish Time: 20 hours 10 minutesPreparation Time: 10 minutesCrock Pot: 20 hoursCategories: CrockpotSource: The Captain's Shack

Servings: 12

Ingredients 1 6 lbs boneless Boston Butt Pork Roast Hawaiian Sea Salt, course, 1/4 t per pound of meat 1 T Liquid Smoke flavoring, or to taste 4 slice Bacon 5 clove Garlic

Directions -

Pierce pork all over with a carving fork, or large fork. Rub salt, then the liquid smoke over meat. Tuck the garlic cloves into the meat, making small slits if necessary.

Place the bacon slices on the bottom of the slow cooker. Place the roast on top of the bacon, skin side up.

Cover and cook on LOW for 16 - 20 hours. Some newer slow cookers run hot. Adjust your cooking time accordingly. You want the pork to fall apart and be easy to shred.

Remove the pork from the slow cooker and shred adding drippings as needed to moisten. DO NOT SHRED the pork directly in the drippings. It can be to salty.

Serve on Brioche buns.