Roasted Sweet Red Pepper and Sun Dried Tomato Sauce

Source

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Servings

Yield: 1½ quart

Cooking Times

Preparation Time: 20 minutes Cooking Time: 45 minutes

Total Time: 8 hours and 20 minutes

Degree of Difficulty

Degree of Difficulty: Easy

Author Notes

This sauce is absolutely fantastic and can be kept refrigerated for up to 3 months.

Ingredients

Ingredients			1	pinch	Sugar
11/2	cups	Walnuts, ground to a course powder	1/4	tsp	Pure Lime Oil (Add this in 1/4 teaspoon
5		Garlic cloves			batches and taste! Lime Oil is very strong.)
5	med	Sweet Red Bell Peppers, slowly fire roasted			OR the juice of 2 fresh limes
		over mesquite			Sea Salt and Fresh ground Pepper to taste
1/4	tsp	Cayenne, use more for a spicer blend	21/2	cups	Best Foods Mayonnaise, or Hellmanns
3/4	cup	Sun Dried Tomatoes in oil			

Procedure

- 1 If roasting the peppers on a charcoal or gas grill, let cool to room temperature in a tightly covered bowl and reserve the oils. Additionally cool 8 hours refrigerated.
- 2 In a food processor, grind the walnuts and garlic to a course powder. Peel the red peppers and remove the seeds. Some of the blackened skin may also drop into the mixture. It is OK. Add to the food processor along with their oils. Add the cayenne pepper, sun dried tomatoes and their oil, sugar, lime juice, salt and pepper. Blend until semi-smooth. Add the mayonnaise and totally blend. Taste for seasoning adjustment. Place in a tight container and place in the refrigerator. This will keep for up to 4 weeks refrigerated and in a closed container.

Recipe Type: Sauce

Tips

Great on sandwiches or as a French Fry dip, a vegie dip, on sandwiches or with salmon, for that matter.