

Sandi's Ranch Dressing

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Source: Sandi Swan, San Ramone, CA



Yield: 1 c

Blender: This dressing gets totally mixed in a blender.

Ingredients:

1 lg Avocado
2 t fresh Lemon Juice
1/2 c Greek Yogurt
1 t Hot Sauce, or to taste
1/4 c Extra Virgin Olive Oil
1 lg Garlic clove
3/4 t Sea Salt, or to taste
1/4 t fresh ground Black Pepper, or to taste
Easy - 6

Directions:

Cut the avocados into cubes. Place all in a blender and blend until smooth. Taste and adjust as necessary.

Description: A healthy substitute for the original Ranch Dressing.

Categories: Salad Dressing