

SLOW POKE

Presented at the 32nd National Square
Dance Convention by Bud & Ethel Merrihew, PA

COMPOSER: Richard & Jo Anne Lawson, 237 Mamie Lane, Birmingham, AL 35215
RECORD: BELCO B-307 B
RHYTHM: Two-Step
FOOTWORK: Opposite, Directions for Man except where noted
SEQUENCE: Intro-A-B-A-B (1-15) - Ending

MEASINTRO

- 1 - 6 (Bfly)WAIT; WAIT; SIDE TWO-STEP LEFT; SIDE TWO-STEP RIGHT;
SIDE,TCH, SIDE, TCH; APT, TCH, TOG, TCH(Bfly);
1-2 In Bfly/Wall wait 2 meas;;
3-4 Sd L, cl R, sd L, tch R; Sd R, cl L, sd R, tch L;
5-6 Sd, L, tch R, sd R, tch L; Drop lead Hands and step apt L (to OP),
tch R, tog R(to Bfly), tch L;
- PART A
- 1 - 4 VINE, 2, 3, 4; 5, 6, 7, 8; WALK, -, 2, -; 3, -, 4, -;
1-2 In Bfly/Wall vine down LOD sd L, XRIB(WXIB), sd L, XRIF(WXIF);
Sd L, XRIB, sd L, XRIF;
3-4 Blend OP/LOD walk fwd LOD L, -, R, -; L, -, R, -;
- 5 - 8 VINE, 2, 3, 4; 5, 6, 7, 8; WALK, -, 2, -; 3, -, 4, -;
5-6 Repeat action of meas 1-2;;
7-8 Repeat action of meas 3-4;;
- 9 - 12 VINE, -, 2, -; FACE-TO-FACE; VINE, -, 2, -; BACK-TO-BACK(OP/LOD);
9-10 Blend to Bfly and step sd L, -, XRIB(WXIB), -; Sd L, cl R, trn L
to bk-to-bk pos, -;
11-12 In bk-to-bk-pos step down LOD sd R, -, XLIB(WXIB), -; Sd R, cl L,
trn R to OP/LOD, -;
- 13 - 16 BASKETBALL TURN, -, 2, -; 3, -, 4, -; (Hitch)FWD, CLOSE, BK, CLOSE;
WALK, -, 2, -;
13-14 Rk fwd LOD on L, -, rec on R to LOP/RLOD, -; Rk fwd RLOD on L, -,
rec on R trng away to OP/LOD, -;
15-16 In OP hitch fwd L, cl R, bk L, cl R; Walk fwd L, -, R, -;
- PART B
- 1 - 4 FACE-TO-FACE; BACK-TO-BACK; VINE OPEN, -, 2, -; 3, -, 4, -;
1-2 Blend to Bfly sd L, cl R, trn L to bk-to-bk pos, -;
SD R, cl L, trn R to BFLY/WALL, -;
3-4 Sd L, -, XRIB to LOP/RLOD, -; Sd L, -, XRIF to OP/LOD, -;
- 5 - 8 FACE-TO-FACE; BACK-TO-BACK; VINE OPEN, -, 2, -; 3, -, 4, -; (to CP/Wall)
5-6 Repeat action of Meas 1-2 Part B;;
7-8 Repeat action of meas 3-4 Part B except retain lead handhold & blnd to CP/WLL)
- 9 - 12 (BOX)SIDE, CLOSE, FWD, -; SIDE, CLOSE, BK, -; (HITCH)BACK, CLOSE, FWD, -;
(Scissors)SIDE, CLOSE, THRU, -;
9-10 In CP/Wall sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;
11-12 Hitch bk twd COH L, cl R, fwd L, -; Step sd R twd RLOD, cl L,
step thru twd LOD on R, -, to momentary SCP;
- 13 - 16 SIDE, CLOSE, SIDE, CLOSE; WALK, -, 2, -; SIDE, TCH, SIDE, TCH; APT, TCH;
TOG, TCH(BFLY);
13-14 Blend CP/Wall sd L, cl R, sd L, cl R; Blend SCP walk LOD L, -, R, -;
15-16 Blend CP/Wall sd L, tch R, sd R, tch L; Apt L, tch R(to OP/LOD),
tog R(to Bfly), tch L;

ENDING

Last time thru Part B substitute for Meas 16: APT, -, PT, -;
APT L, -, pt R twd Ptr, -;

PRODUCED BY

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