

NICOLE'S ROCK & ROLL WALTZ

Choreographers: Kit & Sandy Brown, 1924 Owl Creek Road, Murphy, N Carolina 28906
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Record: RCA URC-1095 Music: Rock & Roll Waltz (Kay Starr)
Footwork: opposite unless noted (*woman's in parenthesis*)
Rhythm: Waltz RAL Phase: II Suggested Speed: 43 or for comfort
Sequence: Intro – A – B – C – D – B – D - Ending Release date: April, 2004, ver 1.1

INTRO

Meas

1-4 WAIT 2 MEAS ; ; AWAY & TOG ; ;

- 1-2 Wait 2 Meas ½ OP/LOD ; ;
3-4 Side {apart} L, draw R, touch R ; side {TOG} R, draw L, touch L ;

PART A

1-4 FWD WALTZ ; PICKUP SCAR ; PROG TWINKLE ; MANEUVER ;

- 1 Fwd L, fwd & sd R, cl L ;
2 Fwd R leading W to make lf trn, sd L cont to lead W to SCAR/DLW, cl R ;
3 XLIF (*XRIB*) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
4 Fwd R start rf upper body trn, cont rf trn to fc ptr sd L, cl R CP/RLOD ;

5-8 2 RT TURNS BFLY ; ; BALANCE LEFT & RIGHT ; ;

- 5-6 Bk L trng rf to fc COH, sd R cont rf trn to fc DLC, cl L ; fwd R cont rf trn to fc DLW, sd L cont rf trn to fc WALL, cl R to BFLY ;
7-8 Sd L, XRIB (*XLIB*), in plc L ; sd R, XLIB (*XRIB*), in plc R ;

9-12 WALTZ AWAY & TOG ; ; TWIRL/VINE 3 ; THRU FACE CLOSE ;

- 9-10 Fwd L trng away from ptr, sd R, cl L ; sd & fwd trng R towards ptr, sd L fcg ptr, cl R ;
11 Sd L, XRIB, sd L (*sd & fwd R trng RF, sd & bk L cont RF trn to fc ptr, sd R*) ;
12 XRIF & fwd (*XLIF*), sd L to fc ptr, cl R CP/WALL ;

13-16 LEFT TURNING BOX ; ; ; ;

- 13 Fwd L start lf trn, sd R cont trn, cl L CP/LOD ;
14 Bk R cont lf trn, sd L cont trn, cl R CP/COH ;
15 Fwd L cont lf trn, sd R cont trn, cl L CP/RLOD ;
16 Bk R cont lf trn, sd L cont trn, cl R CP/WALL ;

PART B

1-4 TWISTY BALANCE LEFT & RIGHT ; ; SOLO TURN ; ;

- 1-2 Sd L, XRIB (*XLIF*), in plc L ; sd R, XLIB (*XRIF*), in plc R ;
3 Sd & fwd L trn away from ptr, sd R cont trn to fc RLOD, cl L ;
4 Bk R cont trn, sd L cont trn to fc ptr, cl R to BJO/WALL ;

5-8 WHEEL BFLY ; ; STEP LIFT ; SPIN MANUEVER ;

- 5-6 {In a circular motion} Fwd L, fwd R, cl L ; fwd R, fwd L, cl R BFLY/WALL ;
7 Sd & fwd L towards LOD, lift R, - ;
8 Fwd R start rf upper body trn, cont rf trn to fc ptr sd L, cl R CP/RLOD (start lf spin in plc L, in plc R, in plc L) CP/RLOD ;

9-12 2 RT TURNS BFLY ; ; BALANCE LEFT & RIGHT ; ;

- 9-10 Bk L trng rf to fc COH, sd R cont rf trn to fc DLC, cl L ; fwd R cont rf trn to fc DLW, sd L cont rf trn to fc WALL, cl R to BFLY ;
11-12 Sd L, XRIB (*XLIB*), in plc L ; sd R, XLIB (*XRIB*), in plc R ;

13-16 LACE ACROSS ; FWD WALTZ ; LACE ACROSS ; FWD WALTZ ;

- 13 With lead hands joined fwd L moving behind W, fwd R, cl L ;
14 Fwd R, fwd & sd L, cl R ;
15 With trlg hands joined fwd L moving behind W, fwd R, cl L ;
16 Fwd R, fwd & sd L, cl R ;

PART C

1-4 FWD WALTZ ; FWD ROCK 3 ; BALANCE LEFT ; {RLOD} ROLL 3 ;

- 1 Fwd L, fwd & sd R, cl L ;
- 2 Fwd rk R, rec L, fwd rk R trng to fc ptr ;
- 3 Sd L, XRIB (*XLIB*), in plc L ;
- 4 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;

5-8 THRU TWINKLE ; THRU FACE CLOSE BFLY ; SOLO TURN ; ;

- 5 XLIF (*XRIF*) start lf (*rf*) trn, sd R cont lf (*rf*) trn to fc LOD, cl L ;
- 6 XRIF & fwd (*XRIF*), sd L to fc ptr, cl R BFLY/WALL ;
- 7 Sd & fwd L trn away from ptr, sd R cont trn to fc RLOD, cl L ;
- 8 Bk R cont trn, sd L cont trn to fc ptr, cl R to BFLY/WALL ;

9-12 BALANCE LEFT ; {RLOD} ROLL 3 ; THRU TWINKLE ; THRU FACE CLOSE CP/WALL ;

- 9 Sd L, XRIB (*XLIB*), in plc L ;
- 10 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;
- 11 XLIF (*XRIF*) start lf (*rf*) trn, sd R cont lf (*rf*) trn to fc LOD, cl L ;
- 12 XRIF & fwd (*XRIF*), sd L to fc ptr, cl R CP/WALL ;

13-16 LEFT TURNING BOX ; ; ; ;

- 13 Fwd L start lf trn, sd R cont trn, cl L CP/LOD ;
- 14 Bk R cont lf trn, sd L cont trn, cl R CP/COH ;
- 15 Fwd L cont lf trn, sd R cont trn, cl L CP/RLOD ;
- 16 Bk R cont lf trn, sd L cont trn, cl R CP/WALL ;

PART D

1-4 FWD WALTZ ; FWD ROCK 3 ; BALANCE LEFT ; {RLOD} ROLL 3 ;

- 1 Trng to OP/LOD fwd L, fwd & sd R, cl L ;
- 2 Fwd rk R, rec L, fwd rk R trng to fc ptr ;
- 3 Sd L, XRIB (*XLIB*), in plc L ;
- 4 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;

5-8 THRU TWINKLE ; PICKUP SCAR ; PROG TWINKLES ; ;

- 5 XLIF (*XRIF*) start lf (*rf*) trn, sd R cont lf (*rf*) trn to fc LOD, cl L ;
- 6 Fwd R leading W to make lf trn, sd L cont to lead W to SCAR/DLW, cl R ;
- 7 XLIF (*XRIB*) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
- 8 XRIF (*XLIB*) start rf trn, sd L cont trn to DLW, cl R SCAR/DLW ;

9-12 PROG TWINKLE ; FWD FACE CLOSE CP ; TWIST VINE 3 ; FWD FACE CL ;

- 9 XLIF (*XRIB*) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
- 10 Fwd R (*bk L*) start rf trn, sd L cont trn to fc ptr, cl R CP/WALL ;
- 11 Sd L, XRIB (*XLIF*), sd L ;
- 12 Fwd R (*bk L*) start rf trn, sd L cont trn to fc ptr, cl R CP/WALL ;

13-14 BOX ; ;

- 13 Fwd L, sd R, cl L ;
- 14 Bk R, sd L, cl R ;

**REPEAT B
REPEAT D**

ENDING

1-6 BALANCE L & R ; ; TWIRL/VINE 3 ; THRU FACE CL CP/WALL ; DIP & HOLD ; TWIST ;

- 1-2 Sd L, XRIB (*XLIB*), in plc L ; sd R, XLIB (*XRIB*), in plc R ;
- 3 Sd L, XRIB, sd L (*sd & fwd R trng RF, sd & bk L cont RF trn to fc ptr, sd R*) ;
- 4 XRIF & fwd (*XLIF*), sd L to fc ptr, cl R CP/WALL ;
- 5 Bk L with knee slightly bent & R leg extended, -, - ;
- 6 With upper body action rotate lf,