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Ballroom CD: Casa Musica Latin Boogalu Penelope (Music has been shorted to 3:22 and then slowed 3%)

Footwork: Opposite, directions for man (lady as noted)

Rhythm: Rumba Phase: 6

Sequence: Intro-A-B-C-C(1-23)-End

Release Date: February 2005

Intro

1-4 WAIT ; CUCA [2X w/ ARMS] ; ; (W SPOT TRN AWAY & FC) ;

1 [Wait] OP facing M facing WALL – trailing feet free – wait 1 meas ;

2-3 [CUCA 2X w/ ARMS] Sd R extending right arm out to side , rec L , cls R bringing right arm and hand to side , ;
Sd L extending left arm out to side , rec R , cls L bringing left arm and hand to side , ;

4 [W SPOT TRN AWAY & FC] Bk R , rec L , fwd R joining lead hands , ; (W fwd L placing left hand on M's chest turn right face ½ turn , rec R turning right face ½ to face partner , back L , ;)

Part A

1-8 OP HIP TWST ; FAN ; HCKY STK w/ SURPRISE CK [FC COH] ; ; NAT OPNG OUT ; UNDERARM TRN ; ROPESPIN [M FC WALL] ; FNC LINE ;

1 [OP HIP TWST] Fwd L , rec R , cls L and at the end of the slow on the & count lead W to swivel right face to face LOD , ; (W bk R , rec L , fwd R & at the end of the slow on the & count swivel right face ¼ turn to LOD , ;)

2 [FAN] Bk R leading W to LOD , rec L leading W to swivel left face ½ , small sd step R , ; (W fwd L , fwd R swiveling ½ turn left face to RLOD , bk L with left arm extended side and looking to WALL but facing RLOD , ;)

3-4 [HCKY STK w/ SURPRISE CK] Fwd L , rec R , cls L leading W in front of the M , ; bk R leading W to DRW , rec L leading W to turn 5/8 turn left face to BJO , fwd R swiveling right face to end facing COH , ; (W cls R , fwd L , fwd R looking at the M , ; toward DRW fwd L turn left face 5/8 turn to face COH , close R facing COH in BJO , fwd L swiveling right face to end in CP facing WALL , ;)

5 [NAT OPNG OUT] Swiveling right face to LOD fwd & sd L giving an opening out lead with lead arms , rec R swiveling back to face COH , cls L to right but leading the W to RLOD , ; (W continuing right face swivel bk R to WALL , rec L swiveling left face to RLOD , fwd R , ;)

6 [UNDERARM TRN] Raising lead arms bk R , rec L , cls R leading W to a right face spiral turn , ; (W fwd L under lead arms swiveling right face ½ turn to face LOD , rec R , fwd L to M's right side and spiral one full trn right face , ;)

7 [ROPESPIN – M FC WALL] After lady spirals from last measure while maintaining lead hand hold sd L , rec R , sd L swiveling left face ½ to face WALL and pointing right foot to RLOD , ; (W fwd R around the M , fwd L , fwd R swiveling to face the M and pointing left foot to RLOD , ;)

8 [FNC LINE] Cross R in front of left bending slightly in the knee , rec L , side R to end in LOP fcng M fcng WALL , ;

9-16 THREE THREE's [JOIN RT HND's] ; ; ; ; LADY RONDE LARIAT [CHG HND's] ; ; REV UNDERARM TRN ; [LOW DBL HND HOLD] BK BASIC ;

9-12 [THREE THREE's] Fwd L , rec R , cls L leading W to swivel right face ½ turn to face WALL , ; bk R , rec L , cls R and at the end of the slow on the & count lead W to spin left face one full turn , ; fwd and sd L , rec R , cls L , ; bk R , rec L , fwd R joining right hands , ; (W bk R , rec L , fwd R swivel right face ½ turn to face WALL , ; sd L , rec R , cls L and at the end of the slow on the & count swivel left face one full turn , ; bk R toward DRC , rec L , fwd R to WALL and swivel right face ½ to face COH , ; fwd L swiveling ½ turn right face to WALL , fwd R swiveling ½ turn to face COH , fwd L to M's right side joining right hands , ;)

13-14 [LADY RONDE LARIAT] leading W to ronde Sd L , rec R , cls L changing lead hand hold over M's head , ; sd R , rec L , cls R finishing leading lady in front of the M raising lead arm's , ; (W ronde R in bhnd left , progressing around the M fwd L , fwd R changing to a lead hand hold , ; fwd L , fwd R , fwd L to end facing partner , ;)

15 [REV UNDERARM TRN] Cross L in front of right leading the lady to swivel ½ turn left face under lead arm's , rec R , sd L to end facing partner and WALL in low double hand hold , ; (W cross R in front of left and swivel left face to LOD , rec L to LOD , swiveling left face to partner sd R , ;)

16 [BK BASIC] Bk R , rec L , side R releasing trailing hand's to end in LOP Fcng M Fcng WALL , ;

Part B

- 1-8 **THREE ALEMANA's [TO FC]; ; ; ; NY ; SPOT TRN [LOOSE CP] ;
FWD BASIC TO CRUSH & EXTEND w/ LEG CRAWL ; ;**
- 1-4 **[THREE ALEMANA's]** Fwd L , rec R , cls L raising lead arms , - ; bk R leading W outside partner on left side , rec L , cls R to left while leading W to overturn right face both facing WALL lead hands still joined in front of W's waist , - ; sd L leading the W to spiral left face one full turn , rec R leading W to step fwd to WALL and swivel back to face M , close L to right raising lead hand's , - ; back R leading W outside partner on left side , rec L , sd R leading W to LOP Fcng M Fcng WALL , - ; (W bk R , rec L , fwd R ready to step outside partner on M's left side , - ; fwd L turning ½ turn right face , fwd R in front of partner turning right face ½ to face partner , fwd L in front of partner and swivel ½ turn right face to WALL , - ; rec R and spiral one full turn to face WALL , very small step fwd L and swivel ½ turn left face , fwd R ready to step outside partner on M's left side , - ; fwd L turning ½ turn right face , fwd R swivel ½ turn right face , side L to end LOP Fcng , - ;)
- 5 **[NY]** swivel on right to face RLOD check fwd L , rec R to face partner , side L to end in LOP Fcng M Fcng WALL , - ;
- 6 **[SPOT TRN]** Cross R in front of left turning left face to LOD and then swivel ½ turn left face to RLOD , fwd L swiveling ¼ turn left to face partner and WALL , side R to a loose CP , - ;
- 7-8 **[FWD BASIC TO CRUSH & EXTEND w/ LEG CRAWL]** Fwd L , rec R , closing to a tight CP bk L to a crush position with W's left hand around M's neck and M's right hand around W's waist and W's head close to M's chest , - ; on the next measure allow the W to extend away while the M slowly looks over the W's head and at the end of the slow slightly rise , - ; (W take the second measure to extend away with upper body from the M while at the same time doing a leg crawl with left leg on outside of M's right leg from low to high on the M's thigh)
- 9-16 **SLIP PVT IN 3 [COH & RELEASE] ; NY ; SPOT TRN [FC LOD] ;
(LADY ACROSS) TO ½ OP ; MANUV PVT 2 (W RONDE) ;
SYNC INSIDE UNDERARM TRN [M RT LUNGE] ; SWVL's ; LADY LAY BK ;**
- 9 **[SLIP PVT IN 3 COH]** Turning left face slip bk R , continue left face turn fwd L to face COH , sd R releasing to a LOP Fcng position M feng COH , - ;
- 10 **[NY]** Swivel on right to face LOD check fwd L , rec R to face partner , side L to end in LOP Fcng M Fcng COH , - ;
- 11 **[SPOT TRN TO FC LOD]** Cross R in front of left turning left face to RLOD and then swivel ½ turn left face to LOD , fwd L , fwd R to end both facing LOD in LOP M on outside , - ;
- 12 **[LADY ACROSS]** Fwd L leading W across in front , fwd R bringing W to outside , fwd L in ½ OP LOD , - ; (W turning slightly right face fwd R in front of M , turning right face fwd and side L to end facing LOD , fwd R in ½ OP LOD , - ;)
- 13 **[MANUV PVT 2 (W RONDE)]** Fwd R in front of W turning right face to end in CP RLOD , side L pivoting right face , continuing right face pivot fwd R between W's feet while leaving left foot behind and bk causing W to Ronde , - ; (W fwd L , fwd R between M's feet and pivot right face , side and bk L then ronde right foot in bhnd left foot , - ;)
- 14 **[SYNC INSIDE UNDERARM TRN M RT LUNGE]** Rec bk L beginning to lead W to a left face turn , side right continuing to lead W to reverse underarm turn / cls L finishing W's reverse underarm turn , side R to a right lunge while going to a loose CP and leading W to face RLOD , - ; (W hook R in bhnd left , turning left face side and fwd L / continuing left face turn side R to end facing RLOD , fwd L , - ;)
- 15 **[SWIVEL's]** Lead W to step to RLOD fwd R and swivel her ½ turn right to face LOD , lead W to step LOD fwd L and swivel her ½ turn left to face RLOD , lead W to step RLOD fwd R and swivel her ½ right to face LOD , - ; (W fwd R swivel ½ turn right face , fwd L swivel ½ turn left face , fwd R swivel ½ turn right face to LOD with knee in bent position ;)
- 16 **[LADY LAY BK]** taking the whole measure extend arm's to allow W to extend bk and away , , , ; (W extend left foot fwd and out with little toe in contact with the floor while extending head bk and looking to the right , , , ;)

Part C

- 1-13 **ADV HIP TWST ENDING ; FAN ; HCKY STK ; ;
FWD BRK TO THE BK WLK's [3X & M STP SD] ; ; ; CONTINUOS NAT TOP ; ; ;
CLSD HIP TWST ; FAN ; CURL ;**
- 1 **[ADVANCED HIP TWST ENDING]** Straighten right leg and lead W to rec on to her left foot and at the end of the slow on the & count lead W to swivel left face 3/8 turn while taking L and pointing toe in behind right , - , hold and at the end of the slow on the & count back L to DRC and lead W to swivel right face to LOD , - ;
- 2 **[FAN]** Bk R leading W to LOD , rec L leading W to swivel left face ½ , small sd step R , - ; (W fwd L , fwd R swiveling ½ turn left face to RLOD , bk L with left arm extended side and looking to WALL but facing RLOD , - ;)

Part C [continued]

- 3-4 [HCKY STK] Fwd L , rec R , cls L leading W in front of the M ,;-; bk R leading W to DRW , rec L leading W to turn left face ½ , fwd R to end in LOP Fcng position M Fcng DRW ,;-; (W cls R , fwd L , fwd R looking at the M ,;-; toward DRW fwd L , fwd R swiveling left face ½ turn to face M , bk L ,;-;)
- 5-7 [FWD BRK TO THE BK WLK's 3X – M STP SD] Fwd L checking , rec R , bk L raising lead hand's about shoulder height for W and backing RLOD ,;-; bk R , bk L , bk R ,;-; bk L , bk R , sd L blending to loose CP Fcng RLOD (W step fwd R to blend to CP) ,;-;
- 8-10 [CONTINUOS NAT TOP] Turning right face cross R in behind left to the "7" position , continuing right face turn unwind sd L to the "11" position , continuing right face turn cross R in behind left to the "7" position ,;-; continuing right face turn unwind sd L while leading the W to one full left face turn ending in loose CP , continuing right face turn cross R in behind left to the "7" position , continuing right face turn unwind sd L to the "11" position ,;-; continuing right face turn cross R in behind left to the "7" position , continuing right face turn unwind sd L to the "11" position while leading the W to one full left face turn ending in CP , close R to left to end in CP M Fcng WALL ,;-; (W turning right face fwd L , continuing right face turn fwd R in between M's feet , continuing right face turn fwd and sd L ,;-; fwd R turning left face one full turn to face partner , continuing right face turn fwd and sd L , continuing right face turn fwd R in between M's feet ,;-; continuing right face turn fwd and sd L , fwd R turning left face one full turn to face partner , fwd and sd L to end in CP ,;-;)
- 11 [CLSD HIP TWST] Sd L leading W to open right face , rec R leading W to swivel left face ½ turn , close L to right leading W to step fwd and at the end of the slow on the & count lead her to swivel right face to LOD ,;-; (W swiveling right face bk R to COH , recover L swiveling ½ turn left face , fwd R and at the end of the slow on the & count swivel right face to LOD ,;-;)
- 12 [FAN] Bk R leading W to LOD , rec L leading W to swivel left face ½ , small sd step R ,;-; (W fwd L , fwd R swiveling ½ turn left face to RLOD , bk L with left arm extended side and looking to WALL but facing RLOD ,;-;)
- 13 [CURL] Fwd L , rec R , small step sd L raising lead arm's and leading W to turn left face ½ to face LOD ending in an "L" position M feng WALL and W fcng LOD ,;-; (W close R , fwd L , fwd R swiveling left face ½ turn to face LOD ,;-;)
- 14-26 **[(W FWD SPIRAL & FWD TO FC LOD) M FOLLOW [KEEP LEAD HND's JOINED] ; (W FWD SWVL & BK) ; ALEMANA TRN w/ THRU SWVL [FC WALL] ; NAT OPNG OUT TO CIRCULAR HIP TWST's ; ; ; FAN ; ALEMANA [TO FC] ; ; NY ; SPOT TRN (W FC RLOD) [M RT LUNGE] ; SWVL's ; LADY LAY BK ;**
- 14 [(W FWD SPIRAL & FWD) TO FC LOD] Bk R keeping lead hand's low and starting to lead W to turn left face , rec L turning to face LOD while continuing to turn W left face , fwd R to LOD to end in Tandem position behind the W with lead hand's joined behind W's back ,;-; (W fwd L , fwd R and spiral left face one full turn to LOD , fwd L ,;-;)
- 15 [W FWD SWVL & BK] Fwd L checking leading the W to swivel right face ½ turn to face RLOD , rec R leading the W back to the M , close L to right and raising lead hand up to stop the W ,;-; (W fwd R swiveling right face ½ to face M and RLOD , fwd L , fwd R with lead hand's up ,;-;)
- 16 [ALEMANA TRN w/ THRU SWVL FC WALL] Bk R leading W to start the alemana turn , rec L , as W goes to the right side – step thru R to CP and swivel right face ¼ turn to face WALL ,;-; (W fwd L under lead hand's and swivel right face ½ turn , fwd R and swivel right face ½ turn , fwd L to M's right side CP and swivel right face to face COH in CP ,;-;)
- 17-19 [NAT OPNG OUT TO CIRCULAR HIP TWST'S] Fwd and sd L to face RLOD leading W to open out , rec R back to face WALL leading the W to swivel left face , cross L in behind right to the "7" position leading the W to step outside partner and at the end of the slow on the & count swivel W to the right ,;-; turning left face unwind sd R to the "11" position leading W in front and to swivel left face , continuing left face turn cross L in behind right to the "7" position leading W to step outside partner and swivel W right face , continuing left face turn unwind sd R to the "11" position leading W in front and to swivel left face ,;-; continuing left face turn cross L in behind right to the "7" position leading W to step outside partner and swivel W right face , continuing left face turn unwind sd R to the "11" position leading W in front and to swivel left face , small sd L leading W to step outside partner and at the end of the slow on the & count swivel W right face to end in an "L" position M fcng WALL and W fcng LOD ,;-; (W swiveling on left step bk R , rec L swiveling left face , fwd R outside M's right side and at the end of the slow on the & count swivel right face ,;-; fwd L and swivel left face , fwd R outside M's right side and swivel right face , fwd L and at the end of the slow on the & count swivel left face ,;-; fwd R outside M's right side and swivel right face , fwd L and swivel right face , fwd R outside M's right side and at the end of the slow on the & count swivel right face to end fcng LOD ,;-;)

Part C [continued]

- 20 [FAN] Bk R leading W to LOD , rec L leading W to swivel left face ½ , small sd step R ,;- (W fwd L , fwd R swiveling ½ turn left face to RLOD , bk L with left arm extended side and looking to WALL but facing RLOD ,;-)
- 21-22 [ALEMANA TO FC] Fwd L , rec R , close L to right raising lead hand's and leading W to swivel right face ¼ turn ,;- bk R leading W outside partner on left side , rec L , sd R to face in LOP Fcng M Fcng Wall ,;- (W close R , fwd L , fwd R swiveling ¼ turn right face ,;- fwd L outside partner on M's left side and swivel ½ turn right face , fwd R in front of M and swivel right face to face partner , sd L to end LOP Fcng ,;-)
- 23 [NY] Swivel on right to face RLOD check fwd L , rec R to face partner , side L to end in LOP Fcng M Fcng WALL ,;-
- 24 [SPOT TRN -(W FC RLOD) M RT LUNGE] Cross R in front of left turning left face to LOD and then swivel ½ turn left face to RLOD , fwd L swivel left to face partner , sd R to end in a right lunge position flexed in the right knee ,;- (W cross L in front of right turning right face to LOD and then swivel ½ turn right face to RLOD , fwd R , fwd L to end fcng RLOD ,;-)
- 25 [SWIVEL's] Lead W to step to RLOD fwd R and swivel her ½ turn right to face LOD , lead W to step LOD fwd L and swivel her ½ turn left to face RLOD , lead W to step RLOD fwd R and swivel her ½ right to face LOD ,;- (W fwd R swivel ½ turn right face , fwd L swivel ½ turn left face , fwd R swivel ½ turn right face to LOD with knee in bent position ;)
- 26 [LADY LAY BK] taking the whole measure extend arm's to allow W to extend bk and away , , , ; (W extend left foot fwd and out with little toe in contact with the floor while extending head bk and looking to the right , , , ;)

Part C [1-23]

- 1-22 **ADV HIP TWST ENDING ; FAN ; HCKY STK ; ;**
FWD BRK TO THE BK WLK's [3X & M STP SD] ; ; ; CONTINUOS NAT TOP ; ; ;
CLSD HIP TWST ; FAN ; CURL ; (W FWD SPIRAL & FWD TO FC LOD) ;
(W FWD SWVL & BK) ; ALEMANA TRN w/ THRU SWVL [FC WALL] ;
NAT OPNG OUT TO CIRCULAR HIP TWST's ; ; ; FAN ; ALEMANA [TO PREP] ; ;
- 1-20 [SAME AS PART C 1-20]
- 21-22 [ALEMANA TO PREP] Fwd L , rec R , close L to right raising lead hand's and leading W to swivel right face ¼ turn ,;- bk R leading W outside partner on left side , rec L , close R to left to CP , in place L ; (W close R , fwd L , fwd R swiveling ¼ turn right face ,;- fwd L outside partner on M's left side and swivel ½ turn right face , fwd R in front of M and swivel right face to face partner , fwd L to M's right side and swivel right face to LOD to end in CP ,;-)

END:

- 1 **SAMEFOOT LUNGE ;**
- 1 [SAMEFOOT LUNGE] Lowering into left knee and reaching to RLOD with right foot step sd and fwd R leading W to turn her head to the left slowly while M's head turns to the right to end looking over the top of the W's head , , , ; (W lowering into left knee reach to RLOD with the right foot step bk R and slowly extend head to left and extend left arm toward RLOD , , , ;)