

Gameday Crab and Spinach Dip



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Start to Finish Time: 50 minutes

Preparation Time: 30 minutes

Cooking Time: 20 minutes

Categories: Gameday

Source: Adapted From: Phillips Seafood

Serving Ideas: Serve with assorted crackers, breads or slices of toasted baguette.

Yield: 1 qt

Ingredients

8 ozs Phillips Crab Meat

1 c Spinach, chopped

8 ozs Greek Yogurt

8 ozs Cream Cheese

1 c Parmesean Cheese,
shredded

1 c Smoked Gouda
cheese

1/2 t Old Bay Seasoning

Directions -

Preheat oven to 400 degrees F

Place all cheese - except for 2 T of the Parmesean - yogurt and Old Bay Seasoning in a saucepan. Heat over medium-low heat until smooth; do not boil. Stir in chopped spinach until thoroughly blended.

Remove saucepan from heat and gently fold in the crab meat.

Place the mixture into a casserole dish and top with the reserved Parmesaen cheese. Bake for 15 - 20 minutes or until bubbly and cheese is golden brown.