

Stavin' Alive

Choreographer: Peter Gomez & Chama Lee Escondido, CA., 92026
Web Site: <http://www.hfrdc.org> E-mail: HFRDC@Juno.com
Record: RSO 8009 (Flipside "How Deep Is Your Love") **Artist:** Bee Gees **Speed:** 44
Footwork: Opposite unless noted (Woman's footwork in parenthesis)
Rhythm: Cha Cha Roundalab Phase 4
(Unphased "Saturday Night Stroll", "Disco Boogie" & "Saturday Night Points")
Sequence: Intro – A – A – B – A – B – Ending

Meas

1 - 6

Intro

WAIT;; SATURDAY NIGHT STROLL;; M CIRCLE AWAY & TOG – W HOLD;;

- 1-4 M & W fc COH, lead foot free, hands on hips for M & W, W has R hip lead slightly in front of body, wait 2 measures;; Take 4 small fwd steps L, R, L, R while M raises both hands in front & R side of body, bringing L hand to check R shirt cufflink, then bringing R hand to L side of body to check L shirt cufflink, then pulls shirt collar twice with both hands (W rocks hips to beat of music); Repeat meas. 3;
5-6 Fwd L, fwd R, fwd L/cl R, fwd L trng ½ LF to fc wall (W rocks hips to beat of music); Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/wall (W rocks hips to beat of music);

Part A

1-8

ALEMANA;; LARIAT;; HIP ROCKS L;; HIP ROCKS R;;

- 1-4 Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R (W under joined lead hands fwd L trng ½ RF, fwd R continue trng ½ RF to fc ptr, sd L/cl R, sd L to R side of M); SIP L, R, L/R, L (W Fwd R, fwd L, fwd R/cl L, fwd R circling ½ way around M); SIP R, L, R/L, R (W Fwd L, fwd R, fwd L/cl R, fwd L circling ½ way around M to fc with no hands joined);
5-8 M has L hip lead slightly in front of body on diag. LOD/WALL, ball of L foot touching floor, rock hips on a diag. fwd, bk, fwd, bk, fwd, bk, fwd, bk (W has R hip lead, ball of R foot touching floor, rock hips on a diagonal LOD/COH); M has R hip lead slightly in front of body on diag. RLOD/WALL, ball of R foot touching floor, rock hips on a diag. fwd, bk, fwd, bk, fwd, bk, fwd, bk (W has R hip lead, ball of R foot touching floor, rock hips on a diagonal RLOD/COH);

9- 12

TURNING KICKBALL CHANGES to OP/LOD;; STRUT4;

- 9 Lower slightly with knees opening to the side then close together rising, kick L foot forward/take weight on ball of L foot placing L instep back slightly behind the R heel turning ¼ LF fcg LOD, replace weight on R foot, lower slightly with knees opening to the side then close together rising, kick L foot forward/take weight on ball of L foot placing L instep back slightly behind the R heel turning ¼ LF fcg COH (W fcg WALL), replace weight on R foot;
10-11 Repeat meas. 9 to fc WALL; Lower slightly with knees opening apart to the side then close together rising, kick L foot forward/take weight on ball of L foot placing L instep back slightly behind the R heel turning ¼ LF fcg LOD, replace weight on R foot, lower slightly with knees opening apart to the side then close together rising, kick L foot forward/take weight on ball of L foot beside the R foot stay fcg LOD, replace weight on R foot;
12 Strut with a slight body swagger forward L, forward R, forward L, forward R;

13-15

SATURDAY NIGHT PTS 4; STRUT 4; SATURDAY NIGHT PTS 4;

- 13-15 Quickly swivel LF on both feet, point L hand diag. up & out with R hand at waist/hip level and R elbow pointed out to side, quickly swivel RF on both feet, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side, quickly swivel LF on both feet, point L hand diag. up & out with R hand at waist/hip level and R elbow pointed out to side, quickly swivel RF on both feet, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side; Repeat meas. 12; Quickly swivel LF on both feet, point L hand diag. up & out with R hand at waist/hip level and R elbow pointed out to side, quickly swivel RF on both feet, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side, quickly swivel LF on both feet, point L hand diag. up & out with R hand at waist/hip level and R elbow pointed out to side, quickly swivel RF on both feet, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side; Repeat meas. 12;

Stayin' Alive**Part A (continued)**

16-21

DISCO BOOGIE;;; CIRCLE AWAY & TOGETHER*;;***2nd & 3rd time: W transitions to L foot free and dancers' hands are joined**

16-19 2 arm rolls in a forward circular motion in front of body at eye level, then click heels together twice while standing on balls of both feet; [Kickball Change] kick L foot forward/take weight on ball of L foot, replace weight on R foot, [Kickball Change] kick L foot forward/take weight on ball of L foot, replace weight on R foot; Qk extend R arm sweep from L to R in front of body and L hand on L hip, then slow arm sweep from R to L while turning body LF, (W qk extend L arm sweep from right to left in front of body and R hand on R hip, then slow arm sweep from L to R while turning body RF);;

20-21 Fwd L trng ¼ LF, fwd R, fwd L/cl R, fwd L trng ¼ LF to fc wall; Fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;

Part B

1-10

MOD SHOULDER-SHOULDER to BJO; WHEEL TWICE;;

1-3 Rk fwd L, rec R, sd L/cl R, sd L to BFLY/BJO (W Rk fwd L, rec R, sd L/cl R, sd L); Fwd R, fwd L, fwd R/fwd L, fwd R; Fwd L, fwd R, fwd L/fwd R, fwd L;

MOD SHOULDER-SHOULDER to SDCR; WHEEL TWICE - W TRANS;;

4-6 Rk fwd R, rec L, sd R/cl L, sd R to BFLY/SDCR; Fwd L, fwd R, fwd L/fwd R, fwd L; Fwd R, fwd L, fwd R/fwd L, fwd R to fc and release hands (W fwd R, fwd L, fwd R, fwd L, -);

CUCARACHA TWICE;; BACK AWAY 3 & TOGETHER 3 to BFLY;;

7-10 Swivel on R foot 1/8 RF, point sd L with LF, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side, swivel on R foot with 1/8 LF, SIP L/R, L; Swivel on R foot 1/8 RF, point sd L with LF, point R hand diag. up & out with L hand at waist/hip level and L elbow pointed out to side, swivel on R foot with 1/8 LF, SIP L/R, L; Bk L, bk R, bk L with 1/8 LF swivel on L foot, point L hand diag. up & out with R hand at waist/hip level and R elbow and R foot pointed out to side -; Fwd R, fwd L, fwd R with 1/8 RF swivel on R foot, point R hand diag. up & out with L hand at waist/hip level and L elbow and L foot pointed out to side -;

Ending

1-5

NYKR to OP/LOD; WALK to TANDEM LOD – M LEAD; SATURDAY NIGHT STROLL;;;

1 -5 XIF L, rec R, sd L/cl R, sd L to OP/LOD; Fwd R, fwd L, fwd R/fwd L, fwd R to tandem LOD M in front of W; Repeat meas. 3 & 4 of Part A with lady left hand is on the M's L shoulder as music fades;;;;